

# Business Connection



www.pleasanton.org

Catalyst • Convener • Champion

January 2024

## Sunshine Saloon – A Pleasanton favorite for more than 40 years



Over the past 42 years, nearly six million people have come through the doors of the Sunshine Saloon. From humble beginnings, Sunshine Saloon has become a name synonymous with Pleasanton. Long known as the spot to be for watching sports and popular televised events, The Shine has cemented itself as a go-to restaurant for locals. It opens daily at 9:00 a.m. and serves breakfast, lunch, and dinner all day and offers lunch and dinner specials every day of the week as well as a complimentary cocktail with breakfast.

In September of 1981, Bob and Heather Rossi acquired the Sunshine Saloon, keeping its tradition as a 21 and up bar establishment. Ten years later, Sunshine was expanded to include the next-door property, allowing for the chance to install a game room and kitchen to the historic site. In the summer of 2023, they opened their outdoor patio.

Anyone who has been to Sunshine is eager to share memories. While hosting a networking event in September of 2022, Bob joked with attendees. "I'd like to recognize all of you people that are about 40-45 years old, because when I got here, you were still 3 or 4 years old. Then, you went out and had children and you brought them in here for their 21st birthdays. Let's keep it going!"

Sunshine Saloon features a charcoal grill, pool tables, shuffleboard,



Sunshine Saloon's patio officially opened in the summer of 2023.

dance floor, and ping pong as well as 30 TVs throughout. Sunshine is the place to be for sports entertainment and the perfect location for group dining, be it friends meeting for drinks or your next business lunch. Crowds are known to gather at The Shine regardless of the day of the week. Opinionation Trivia on Wednesdays is a Family Feud style trivia, while Thursdays feature back-to-back games of general trivia. Friday and Saturday nights are split between karaoke and dance music.

Sunshine Saloon is located in Valley Plaza Shopping Center, at the corner of Santa Rita Road and Valley Avenue in Pleasanton. Find them online at [sunshinesaloon.com](http://sunshinesaloon.com) and on Instagram and Facebook.



Ron Essex Photography

Bob, Freddie, RB and Heather Rossi at the Pleasanton Chamber's golf tournament in the fall of 2022 at Callippe Preserve Golf Course. Visit the Rossi Family and the entire Sunshine staff for your favorite drink from the bar, sit down to a delicious meal and enjoy the game the next time you're in the mood for a good time.

### INSIDE

#### FRONT

Sunshine Saloon

#### CENTER

Nine Two Five  
Beauty Suites

Body Balance  
Fitness & Massage

Amador Valley  
Chiropractic Group

Kottinger Barn Plaza

Nine Two Five Salon

Bias Beauty

Monica's  
Alterations Unlimited

La Barra Nail  
and Beauty Bar

#### BACK

A Plan For Care

Ribbon Cuttings

#### GOLD



#### SILVER



#### BRONZE



### Nine Two Five Beauty Suites



We welcome you to the Grand opening of Nine Two Five Beauty Suites coming this February to the Kottinger Barn Plaza! We provide luxurious custom rooms to licensed beauty professionals that provide any service. We strive in unity and community since this is a sister business to Nine Two Five Salon. Please contact us for more information if you are a beautician or a potential guest looking for top quality services.

www.ninetwofivesalon.com | Instagram: @ninetwofivesalon

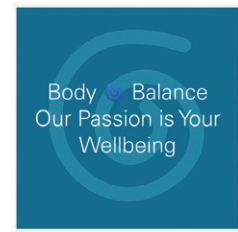
### Body, Balance Fitness Massage & Nutrition

Body Balance Fitness, Massage, and Nutrition offers personal training, senior training, corrective exercise, massage therapy, and nutrition coaching.

Located in the heart of historic Pleasanton, Body Balance was founded over 25 years ago by massage therapist Kristi Reed and personal trainer John Perez. Both owners have always had a deep passion for wellness, as have the personal trainers and massage therapists who complete the Body Balance Team.



With their unique, combined expertise in fitness, massage, and nutrition, John and Kristi have created the Body Balance community, where you can leave your busy life behind, and focus on developing your balanced and healthy lifestyle.



www.bodybalancepleasanton.com | 925-462-1614

## Kottinger Barn Plaza



If you drive down Ray Street, you may have noticed some changes happening in the last two years to the old Kottinger Barn. Bruce and Erika Torquemada purchased the property in 2021 and have transformed the 1852 Historic Landmark into a Pleasanton gathering place for everyone to enjoy. Taking out 100-yr-old ivy, cleaning away years of debris and finding all kinds of old artifacts was quite the experience!

With the focus on keeping the original charm, Bruce used reclaimed barnwood, square nails, 1910 chandeliers, and items as close to 1852 as possible. They wanted the Barn to

be a place to gather, enjoy, and appreciate the historic roots behind this Pleasanton treasure. The barn is a two-story, 1,800 sq. ft. building with over 2,000 sq. ft. of patio space surrounding the barn.

If you are looking to hold a class reunion, birthday party, baby shower, rehearsal dinner or just a gathering that calls for that boho barn look, you have found the spot. With old barnwood tables and cross back chairs the barn is the perfect place to host your event for up to 125 people. Feel free to call or stop by for more information.

Instagram: @KottingerBarnPlaza

200 Ray Street, Pleasanton | 925-989-6983

### Bias Beauty

Bias Beauty, where makeup is not just an art, but a way of expressing yourself with confidence! This trendy makeup studio is the ultimate beauty destination, offering a wide range of services to cater to all your makeup needs.



With over 16 years of experience in the industry, the founder, Ashley Bias, who is also a sought-after makeup artist for popular cosmetic brands and celebrities, has curated an exceptional beauty experience for you.

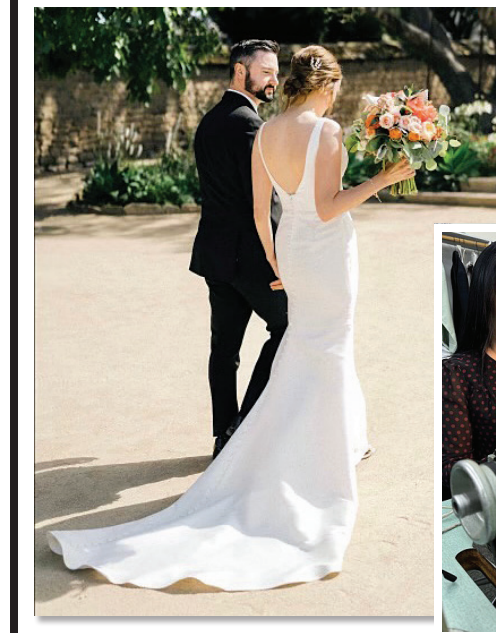
Crafted for luminosity, Jen from Sunless Attraction excels in the art of Airbrush Tanning and personalized Hydrafacials. Bringing you 10+ years of experience within the realm of skincare. Nestled within the chic Bias Beauty in downtown Pleasanton, it is time to illuminate your radiance!



www.vagaro.com/biasbeauty

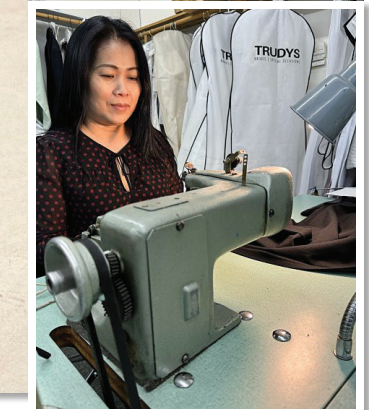


### Monica's Alterations Unlimited



Monica's Alterations merged with Alteration Unlimited creating Monica's Alterations Unlimited.

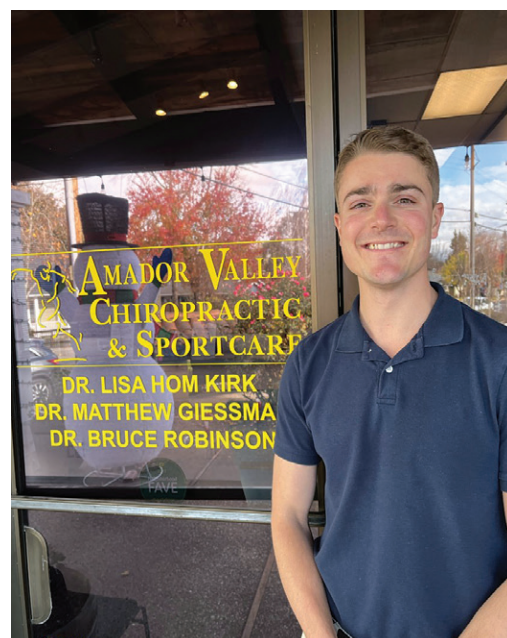
Lead seamstress/tailor, Lynn Ngo, carries on her family tradition with over 35 years of skillful craftsmanship in creating custom attire for weddings, proms, and everyday fashion. Lynn is committed to helping you look your absolute best, whether it is everyday attire or a special occasion.



Monica's Alterations Unlimited

925-462-6512

### Amador Valley Chiropractic



Amador Valley Chiropractic has been serving the Pleasanton community for over 40 years. We provide fast relief and effective treatment for many musculoskeletal problems, including neck and back pain, headaches, vertigo, sports injuries, motor vehicle accidents, and more. From infants to elderly, we treat people of all ages!

In addition to chiropractic care, we also offer acupuncture and massage therapy. Consider us your one-stop shop for your alternative health care needs!

www.AVChiro.com | 925-484-0191



### Nine Two Five Salon

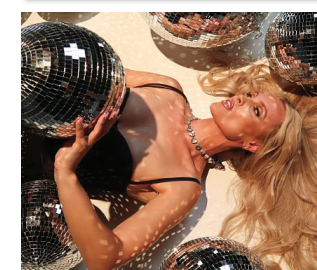


At Nine Two Five Hair Salon, we excel in hand-tied extensions, blonding services, precision cuts, lash extensions, brow laminations, makeup, and more. Our skilled team of stylists is committed to enhancing your beauty.

Connect with us on Instagram or visit our website to discover your ideal stylist, schedule an appointment, and unlock the door to your dream hair today! We can't wait to see you!

NINE • TWO • FIVE SALON

www.NineTwoFiveSalon.com Instagram: @ninetwofivesalon



### La Barra Nail and Beauty Bar

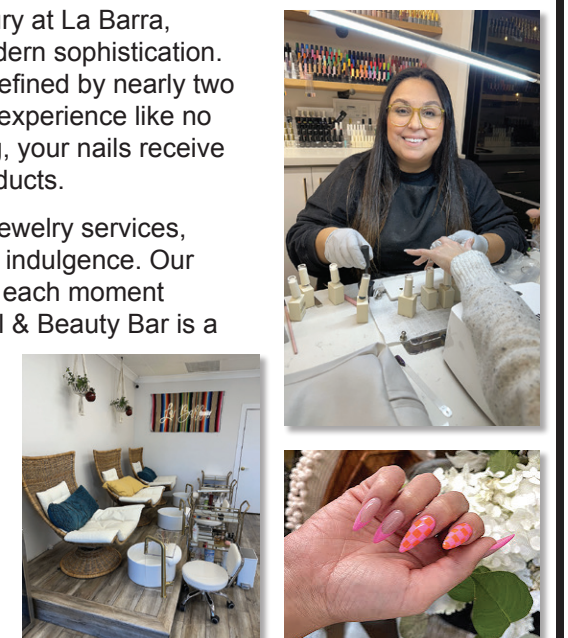
Step into the epitome of contemporary nail luxury at La Barra, where 18 years of mastery converge with modern sophistication. Our sleek ambiance and skilled technicians, refined by nearly two decades of expertise, promise a personalized nail experience like no other. From intricate designs to precision grooming, your nails receive meticulous care using top of the line, premium products.

Elevate your visit with our waxing and permanent jewelry services, seamlessly integrated for a comprehensive beauty indulgence. Our commitment to excellence and innovation ensures each moment



spent in La Barra Nail & Beauty Bar is a harmonious blend of style, expertise, and unparalleled pampering. Schedule an appointment at Labarra.as.me

Instagram: @labarra.us | 925-719-9911



## A Plan For Care helps families manage the challenges of aging

Traveling and working across Pleasanton and Livermore, A Plan for Care's founders, Kati Knox and Michelle Capilla, know that large numbers of families struggle with the details of caring for their aging loved ones. "We continually hear heartbreaking stories and we've realized that there is a tremendous and urgent need to help our community," says Michelle. So in the Spring of 2023, the pair leveraged their common purpose, bundled their considerable experience and skill sets, and launched A Plan for Care.

A Plan for Care offers personalized senior placement services and care management resources to help families navigate the dynamics of the aging process. They work closely with families to customize a safe and nurturing plan for the next steps in the aging journey.

"While I am a professional and expert in this field, the work I do is very personal,"

says Kati. "This is a sacred and deeply heartfelt space that I navigate with individuals and families. I am so grateful when a family allows us to help them with their loved one." Whether moving into a skilled nursing facility, memory care, or assisted living, A Plan for Care handles the details for you.

"I've faced the heartbreak of losing a child, a brother, a nephew, and five years ago, my own mom," said Michelle. "These experiences have given me profound insights and empathy for the challenges of caring for and losing loved ones."

A Plan for Care is a seasoned team with a combined 40 years of experience in the senior community. Kati is a licensed Residential Care administrator and has owned senior care communities, in addition to having her master's degree in social work (MSW). Michelle lives in the Pleasanton community and has a love for seniors, with



Kati Knox



Michelle Capilla

a desire to serve and help preserve their honor and dignity.

Kati and Michelle are ready to help you on this journey. Learn more at [www.aplanforcare.com](http://www.aplanforcare.com),

email [aplanforcare@gmail.com](mailto:aplanforcare@gmail.com) or call Kati at 510-415-6974 or Michelle at 925-519-7464 to set up a free consultation.

### Ribbon Cuttings



Creating new jobs, stronger economy



Compassion meets practice

**Karuna Yoga** — The Sanskrit term for compassion or mercy, Karuna is the foundation where empathy for others flourishes. Karuna Yoga is a welcoming, safe, and judgment-free space where practitioners can explore the depths of their being through the practice of yoga. For many, yoga can appear intimidating. At Karuna Yoga, they honor the unique journey of each individual, tailoring their approach to meet your specific needs. Karuna Yoga envisions becoming an integral part of Tri-Valley residents' lives, fostering a thriving community dedicated to yoga, mindfulness, and meditation. Their classes encompass both the physical aspects of yoga, such as strength, stability, and mobility training, as well as the mental aspects. Explore the class schedule online at [yogawithk.com](http://yogawithk.com) and visit Karuna Yoga at 1991 Santa Rita Road, Suite I in Pleasanton. Join them in creating a space where well-being flourishes, and connections are forged. Your path to holistic living starts here.



Where tradition meets 21st century learning

**Stratford School of Pleasanton** — Stratford Pleasanton Middle School celebrated the opening of its beautiful new green initiative building with a ribbon-cutting event. Stratford's Middle School campus, serving grades 6-8, officially opened in 2021 at 3800 Stoneridge Drive in Pleasanton. This event was a perfect opportunity to celebrate Stratford's thriving community and exciting growth. Stratford's first Pleasanton campus, located at 4576 Willow Road, opened in 2012 and is home to the preschool and elementary grade levels. Understanding that every child has unique interests and passions, Stratford School utilizes a strong liberal arts and STEAM-based curriculum to offer an unparalleled education that inspires students to be creative problem-solvers, imaginative innovators, and confident leaders. With campuses throughout the Bay Area, you are invited to schedule a personal tour at [www.stratfordschools.com](http://www.stratfordschools.com) to learn more.



Sleep Better, Live Better

**Refresh Sleep Medical Clinic** — Refresh Sleep Medical Clinic understands the importance of a good night's sleep for your overall health and well-being. Whether you're an adult seeking relief from sleepless nights, or a parent concerned about your child's rest, their dedicated team of sleep specialists is here to help. They offer a wide range of comprehensive sleep services for both adults and children, and they specialize in diagnosing and treating sleep apnea. They understand that sleep plays a vital role in your physical and mental well-being. Raghu Kasetty is a board-certified adult and child sleep physician with over 10 years of experience in practicing adult and pediatric sleep medicine. Before relocating to the Bay Area, he had a thriving primary care practice. Visit Refresh Sleep Medical Clinic at 5720 Stoneridge Mall Road, Suite 310 in Pleasanton and online at [www.refreshsleep.net](http://www.refreshsleep.net).



Life is better together

**Blue Oaks Church** — The Blue Oaks Church community warmly welcomed residents and guests to the grand opening of their new church building, marking a significant milestone for both the congregation and the local area. The 20,000-square-foot building houses an auditorium, a large lobby, and classrooms for youth ministries. Mayor Karla Brown was on hand to cut the ribbon and spoke about how organizations like Blue Oaks can serve different segments of our community, such as those with special needs or food insecurity. Lead Pastors Matt VanCleave and Joe Hartley shared heartfelt words during the event, emphasizing the church's vision of the building as a gift to the neighborhood and a versatile space for worship, gatherings, and community service initiatives. As the Blue Oaks Church embarks on this new chapter, the grand opening event will be remembered as a day of celebration, hope, and commitment to serving and enriching the lives of those in the community. The doors are open, and the invitation stands for all to experience the warmth and spirit of Blue Oaks Church. Located at 7139 Koll Center Parkway in Pleasanton and online at [www.blueoaks.church](http://www.blueoaks.church).